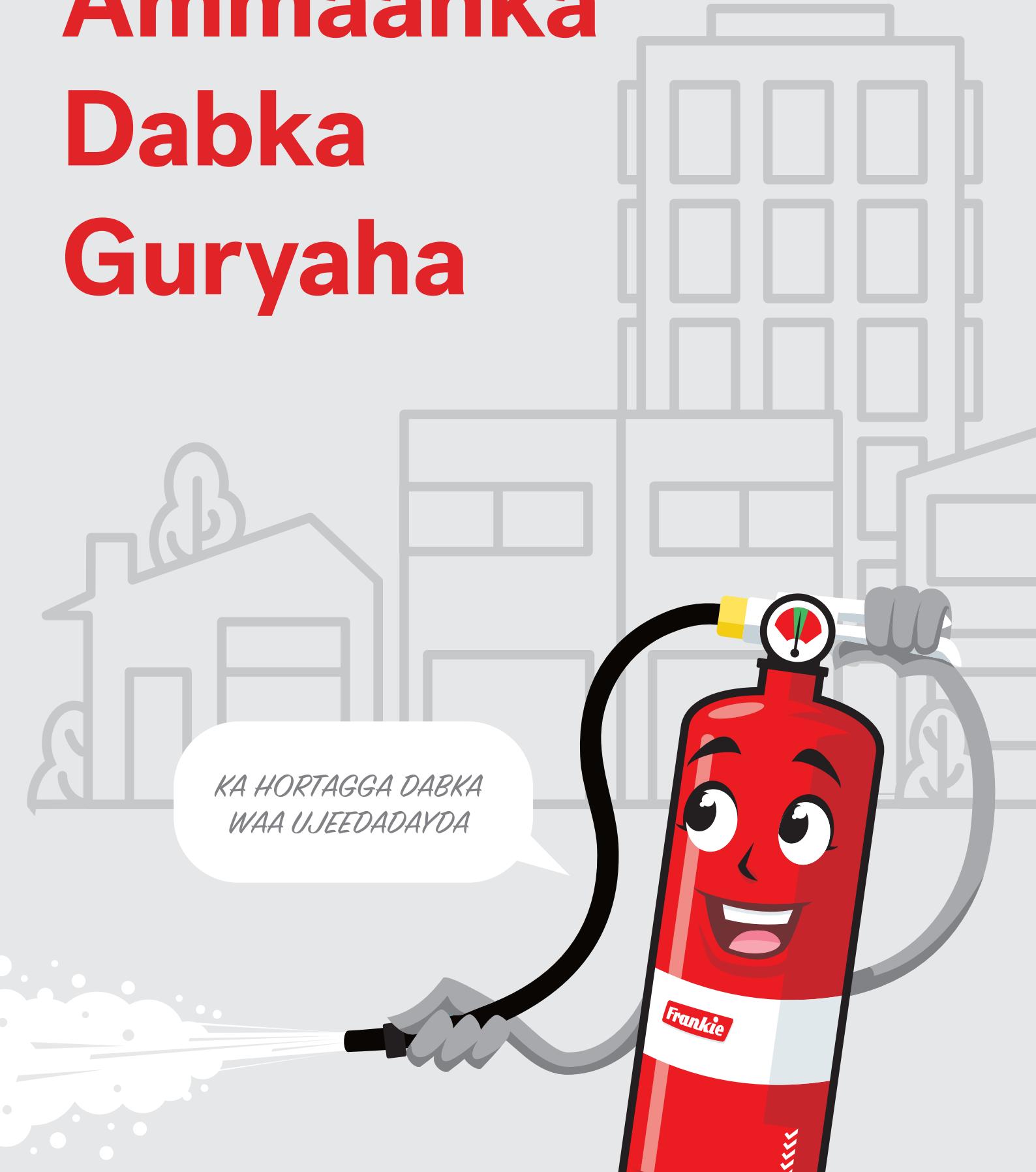


# Ammaanka Dabka Guryaha



Talooyin ku saabsan ka hortagga dabka gu!



# Badbaadada dabka waxay ka bilaabataa guriga

Dabka gurigaaga ka kaca wuxuu noqon karaa mid halaaga ah, xitaa dilaa ah. Mar alla markii uu dab kaco si dhakhso ah ayey u faafi kartaa ayadoo adiga iyo kuwa aad jeceshahay khatar gelinaysa. In kasta oo khataraha dabka ay yihiin kuwo dhab ah, haddana waxaa jira waxyaabo badan oo aad sameyn karto si aad naftaada, qoyskaaga iyo gurigaagaba u ilaaliso.

Adeegyada dabdemiska iyo badbaadinta Victoria waxaa ka go'an inay ka dhigaan bulshooyinka ammaan iyagoo la wadaagaya istiraatiijiyadaha Ammaanka dabka ee guriga iyo macluumaadka dadka Reer Victoria.

Caruurta yar yar, dadka waayeelka ah, dadka naafada ah iyo kuwa sigaarka caba waxay halis weyn ugu jiraan in la dhaawaco ama aaney ka badbaadayn dabka guryahooda ka dhaca.

Talada ku jirta buug-yarahan ayaa kaa caawin doonta inaad baratid sida looga hortago dababka guryaha si looga dhigo adiga iyo kuwa aad jeceshahayba inay ammaan helaan. Ka dhigida gurigaaga inuu noqdo mid dabka amaan ak ah iyo ogaanshaha waxa la sameeyo haddii dab dhaco waxay noqon kartaa faraqa u dhexeeyaa nolosha iyo dhimashada.

**U fiirso calaamaddan oo muujineysa farrin amni ama tilmaam nasteexo ah. !**



*HI, ANIGU WAXAAN AHAY  
FRANKIE KUWAAN WAA  
NAXTEEXOOVINKAYGA UGU  
MUHIIMSAN EE AMMAANKA  
DABKA:*

- ❖ Hayso alaamka qiiqa oo shaqeynaya si joogto ahna u tijaabi.
- ❖ U fiirso khataraha dabka ee guriga ka jira.
- ❖ Lahow qorshaha ka-baxsiga dabka guriga oo si joogto ah u baragtisgaree.
- ❖ Haddii uu dab kaco gurigaaga, ka bax, dibadda joog oo wac Triple Zero (000).

# Dabka waa deg deg badan yihiin!



Waqtigaan alaamka qiiqa waa inay sheegeen dabka oo ay ogeysiyaan qoyskaaga.



Iyadoo aan digniin la siin, dabku waa midaan laga fiirsan. Si dhakhso ah ayay u qabsan doontaa, iyadoo siidaynaysa qiiq sun ah.



Dabka ayaa gaadhay in kabadan 800 digrii Celsius. Dhammaan waxyaabaha ku jira qolka ayaa guban doona oo waxay ku faafi doontaa qolalka kale ee guriga.

# Alaamka qiiqa



❗ Kaliya Alaamka qiiqa oo shaqeeya ayaa badbaadiya nolosha.

Waxaad u badan tahay inaad ku dhimato dabka deegaanka aan lahayn Alaamka qiiqa oo shaqeynaya.

Alaamka qiiqa oo shaqaynaya wuxuu ku siinayaan digniin hore oo dabka wuxuuna ku siinayaan waqtii aad si ammaan leh uga baxsato. Waa inaad lahaataan ugu yaraan hal Alaamka qiiqa ah oo ku xiran heer kasta oo gurigaaga.

Wixii macluumaad dheeraad ah oo ku saabsan alaamka qiiqa ka eeg [frv.vic.gov.au](http://frv.vic.gov.au) iyo [cfa.vic.gov.au](http://cfa.vic.gov.au)

Adeegyada alaarmiga ee dadka qaarkiis waxaa isticmaala dadka waayeelka ah ama kuwa iinta qaba ayaa ku dari kara alaarmiga qaaca. Kani wuxuu u baahan doonaa in laga hubiyo adeegbixiyahaaga. Alaarmiyada qaaca oo takhasuska ah ayaa waxaa heli kara dadka dhegaha la' ama kuwa maqalku ku adag yahay. Macluumaad intaas ka badan booqo [express.com.au](http://express.com.au)

HA ARGAGIXIN, RAAC  
TALOOYINKAYGA:

- 🔥 Haddii aad leedahay alaamka qiiqa oo leh batari 9-volt ah, baddel batariga sannad kasta.
- 🔥 Hadduu uu boor ku leeyahay daboolka dusha sare ee alaarmka qiiqaaga baddel ugu yaraan hal mar sanadkii.
- 🔥 Haddii alaamka qiiqaaga uu soo baxo hal, marmar qeylo ah, baytarigu wuxuu u baahan yahay in la beddelo ama alaamka qiiqa wuxuu noqon karaa mid hallaysan waana in la beddelaa.



**!** Adeegyada dab-damiska ee Australia waxay ku talinayaan in alaarmiga qiiqa waa in lagu dhejiyaa dhammaan meelaha lagu noo yahayl, hallways-yada iyo qolalka jiifka.

Ku rakib alaarmiga qiiqa batteri 10-sano jir ah.

Adeegyada dabdemiska iyo Ammaanka ee Victoria waxay ku talinayaan in alaarmiga qiiqa la isku xidho sidaas darteed markii alaam kasta uu shaqeymo, qaylo dhaamiyeysaasha qiiqa oo dhami way dhawaaqi doonaan.

Markaad hurudo, waxaa lumaysaa dareenkaaga urka. Qalabka digniinta qiiqa oo shaqeeya ayaa kuu digaya haddii qiiq dab jiro.



Si aad u tijaabiso, riix batoonka tijaabada ee qaylo-dhaanta qiiqa bil kasta, oo sug 'beep, beep, beep'. Haddii uu maqlo, tani macnaheedu waa in qalabkaaga ka diga qiiqa uu weli shaqeynayo.



Ku beddel dhammaan alaamka qiiqa 10-kii sanadoodba maroo wata unug batari oo lithium ah.



Ku rakib saqaf kasta heer kasta oo guriga ah ugu yaraan 30cm ka fog derbiga.

# Qorshaha ka-baxsiga dabka ee guriga

Ayadoon ku xirnayn nooc kasta oo guri ah oo aad ku nooshahay, waxaa muhiim ah inaad ogato waxaa la sameeyo haddii dab dhaco.



*HADDII AAD ARAGTO DAB, KA  
BAX OO JOOJI DIBADDAA*

- ▶ Ka dhig meelaha aad ka baxeysyo meelo banaan oo laga baxo.
- ▶ Had iyo jeer furayaasha uga daa albaabbada xiran iyo shaashadaha amniga markaad gudaha ku jirto si aad uga baxsato haddii dab kaco.

# ! Waa muhiim inaad lahaato qorshaha ka-baxsiga dabka ee guriga hadday jirto xaalad degdeg ah.

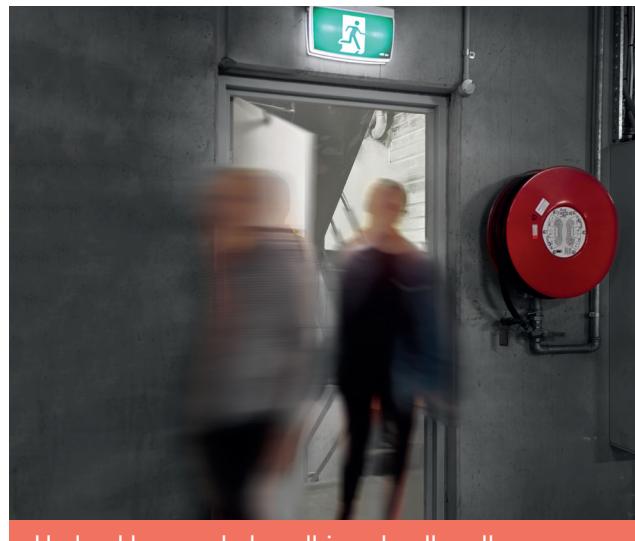
- Hoos isku dig, oo ka bax qiiq.
- Udig dadka markay soo baxayaan.
- Hadday aamaan tahay in sidaas la sameeyo, albaabbada xir markaad baxeyso.
- Dibadda u bax oo dibadda joog.
- Ku kulma meel aamaan ah oo ka baxsan gurigaaga, tusaale. sanduuqa warqadaha ama xakabdaha hore.
- Wac Saddex Eber (000) oo waydii DABKA.



A planned and practised Qorshaha ka-baxsiga dabka ee guriga could save your life, see page 19.



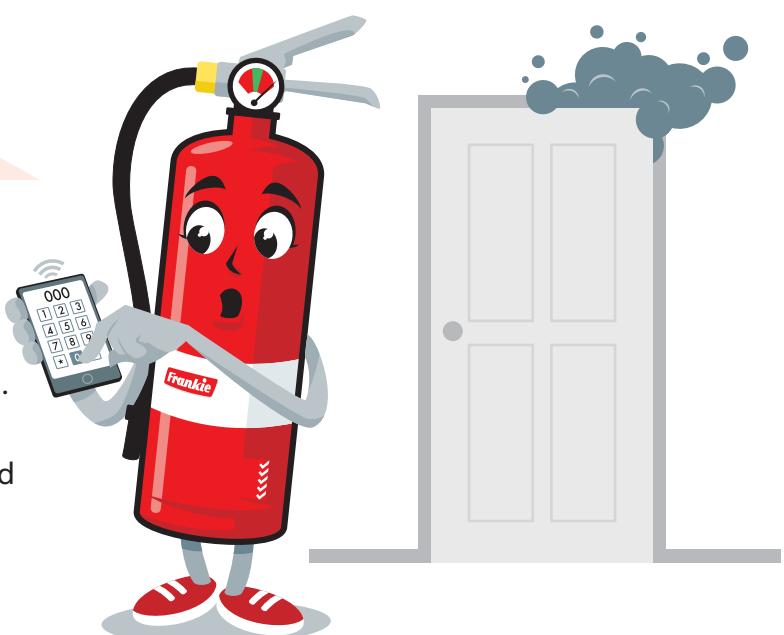
Hubso in lambarka gurigaaga inuu si cad looga arki karo wadada.



Hadaad ku nooshahay dhismaha dhaadheer, ogsoonow meesha ay ku yaallaan exit-yada dabka ee laga baxo, marwalbana adeegso jarjanjara.

*HADDII AADAN BAXSAN KARIN ...*

- 🔥 Hadday ammaan tahay, xir albaabka qolka dabka ka imaanayo.
- 🔥 Ka fogow qiiqa iyo dabka intii suurtagal ah.
- 🔥 Wac Saddex Eber (000), weydiiso DABKA oo sheeg inaad u baahan tahay caawimaad si aad isaga baxdo - ha is dhigan.



# Koronto

Dabka korantada  
waa nooc dabeed  
caadi ah oo guriga  
ka dhaca.

Macluumaad dheeraad ah oo ku  
saabsan Ammaanka korantada, ka eeg  
websaydhka 'Energy Safe Victoria'  
[esv.vic.gov.au](http://esv.vic.gov.au)

*HADDII AY KORONTO TAHAY.  
AMMAAN AHAW ISKANA HUBI*

- ⚠ Dhamaan qalabka korantada waa inay lahaadaan Astaamaha Australia ama Sharci Xakamayn Sharciyeed (RCM).
- ⚠ Hubso in guddiyada korantadu ay leeyihii ilaalin xad dhaaf ah oo aan la daboolin, tusaale. barkimooyin iyo doonas.





Alaabta korantada ee guriga ku jiri kara waxaa ka mid noqon kara korantada, qalabka go'an, qalabka la qaadan karo, boodhka korantada iyo fiilooyinka kordhinta.

Waa muhiim in la ilaaliyo hawo wanaagsan oo ku xeeran alaabada korantada iyo qalabka oo meesha laga saaro wax kasta oo ku yaal hareeraha ama dusha sare.

Kaliya u adeegso xirfadleyaal korontada oo sharchiyeysan si aad u dayactirto qalabka korantada ee xumaaday ama khaldan, xargaha ama qalabka.



Kaliya ku xir hal qalab korontada ee bixiye walba. Ha buux dhaafin boodhka korantada. Ha u dhigin 'piggyback' hal baaldi ama ha u isticmaalin labajibbareyaal adaptara.



Hubso aaladaha korontada sida qalajiyaha timaha, toosiyaha timaha iyo laabtopyada kumbuyutarrada looga tegi karo meelaha dushooda guban karto.



Keliya adeegso aalado dallacsiga oo la oggolaaday. Alaabada kujaarji-garee dusha oo aan guban oo xarigga ka dillaacin isla marka lagu soo oogo.



Had iyo jeer u oggolow dharka qalajiyaha inuu dhammeysto wareegga qabow kahor inta aadan joojin. Nadiifi miiraha daboolka ka hor isticmaal kasta.

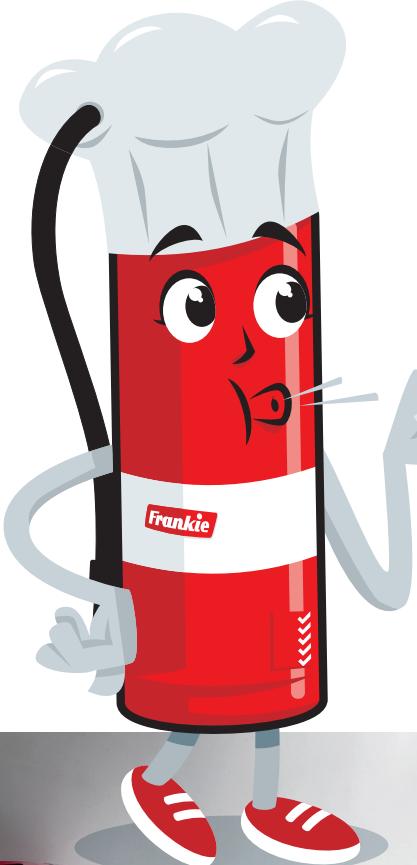
# Jikada iyo karinta

Jikada ayaa ah qolka ay dababka badankood ka dhacaan guriga.



Karinta bidix oo aan lala joogin ayaa ah sababta ugu badan ee dabka u kaca jikada, markaa hubi inaad eegto markaad wax karineyso.





*ISHA KU HAY  
MARKII AAD WAX  
KARINAYSID*

- 🔥 Hubi in foornada, foornada, foornada iyo ilaha kale ee kuleylka la demiyo ka hor intaadan guriga ka bixin ama aadan seexan.
- 🔥 Weligaa biyo ha u isticmaalin daminta saliidda ama dabka dufanka leh.
- 🔥 Had iyo jeer kormeer carruurta jikada.



Ka ilaali waxyaabaha gubi kara ugu yaraan 1 mitir meel ka fog meesha wax lagu karsado iyo kuleylka.



Qalabka dab-demiska iyo bustaha dabka waa inay ku jiraan jikada kasta. Kaliya isticmaal haddii aad u malaynayo inay aamin tahay.

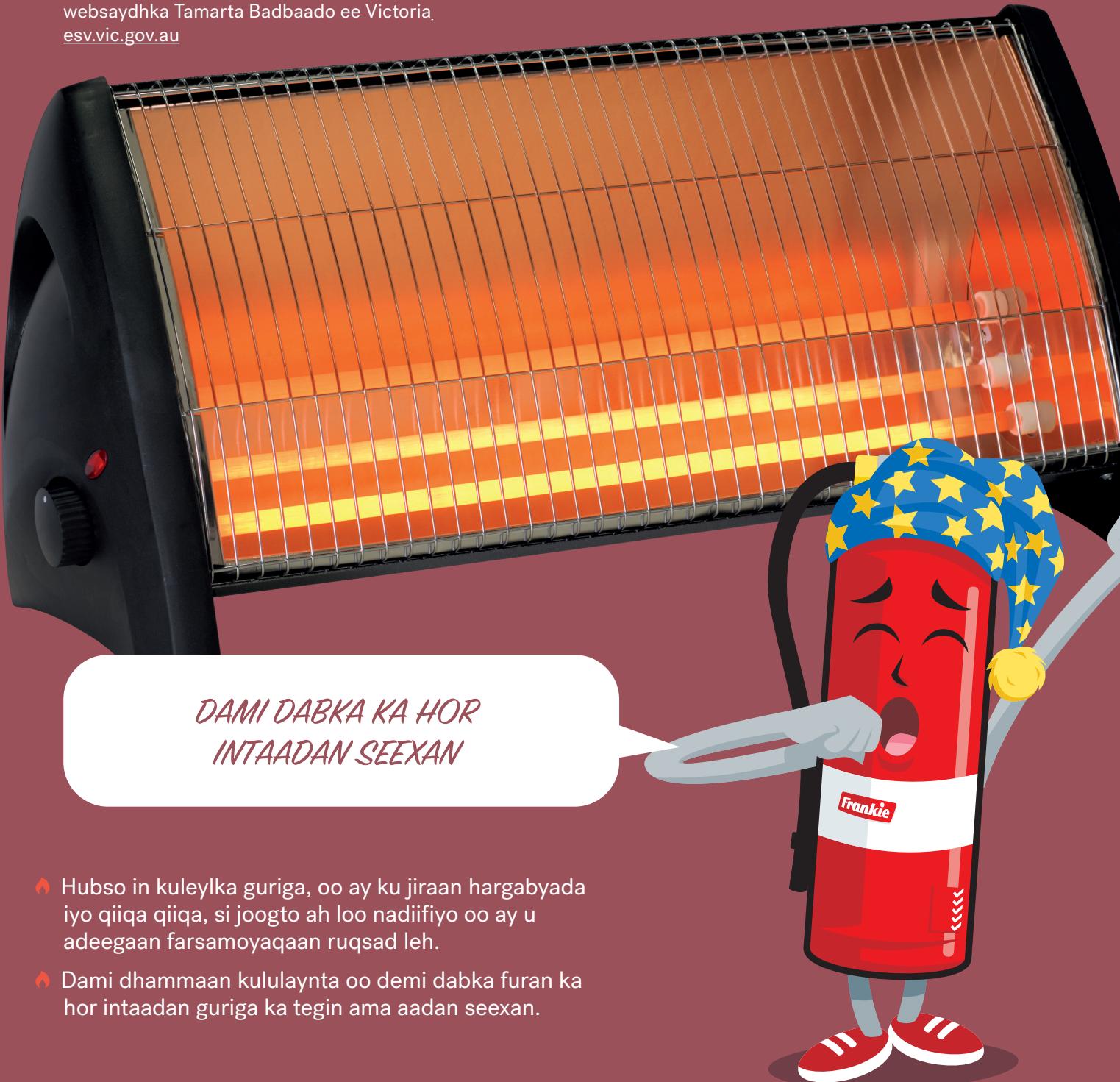


Ka ilaali foornada jikada, foornada, foornada, xaydaarada kala duwan iyo aagga wax lagu karsado kana ilaali dufanka iyo saliida.

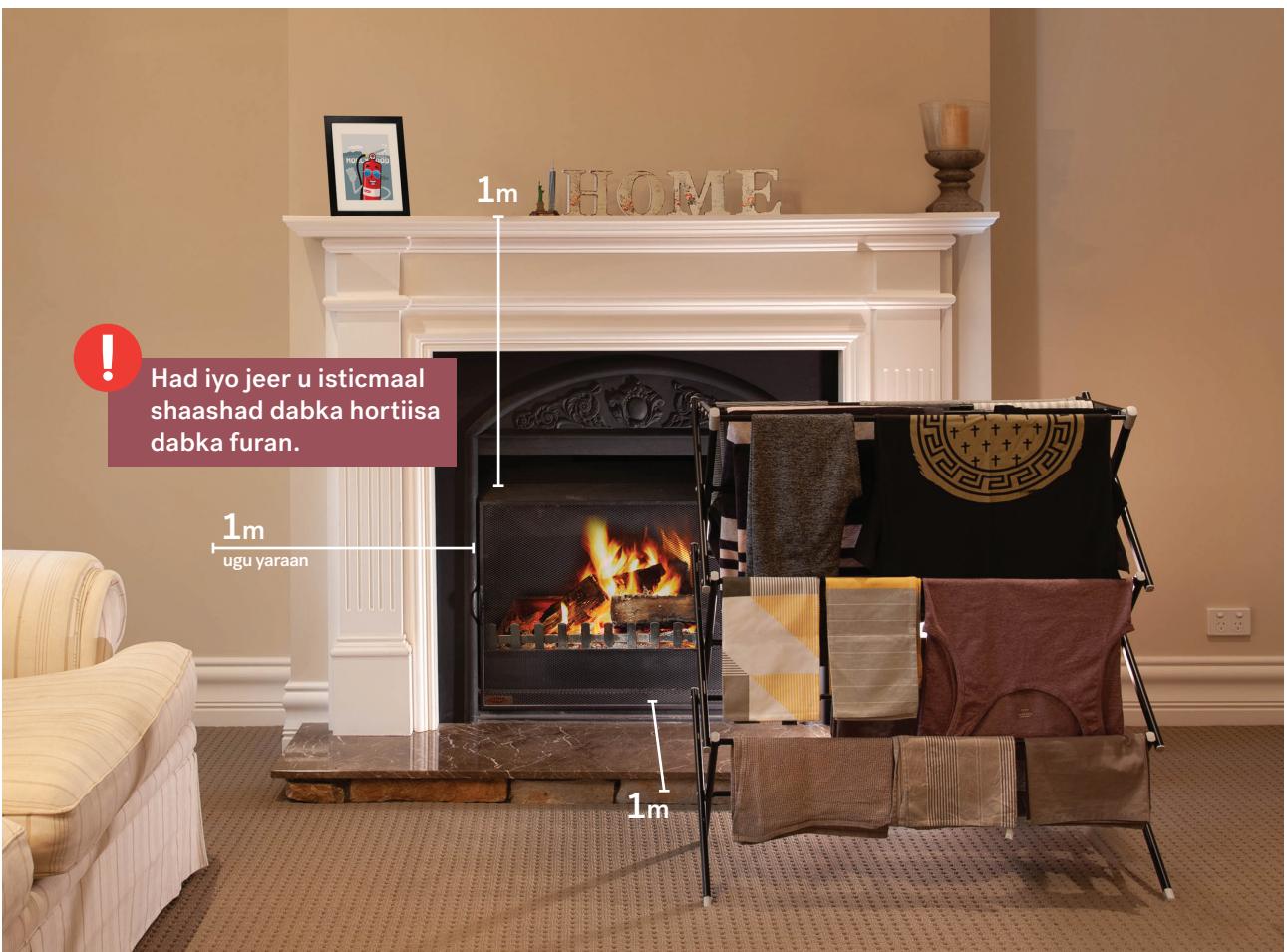
# Kululaynta

Kuleyliyeyaasha ayaa ah sababaha ugu weyn ee dabka u kaca, gaar ahaan xilliga qaboobaha.

Wixii macluumaad dheeraad ah booqo  
websaydhka Tamarta Badbaado ee Victoria  
[esv.vic.gov.au](http://esv.vic.gov.au)



- Hubso in kuleylka guriga, oo ay ku jiraan hargabyada iyo qiiqa qiiqa, si joogto ah loo nadiifijo oo ay u adeegaan farsamoyaqaan ruqsad leh.
- Dami dhammaan kululaynta oo demi dabka furan ka hor intaadan guriga ka tegin ama aadan seexan.



Ka ilaali waxyaabaha gubi kara ugu yaraan 1 mitir meelkastoo ay kululaadaan.



Hubi in fiilooyinku qabow yihiin kahor intaanad tuurin.



Caruurta waa in lagu kormeera meel ku dhow kuleyliyaha iyo dababka furan.

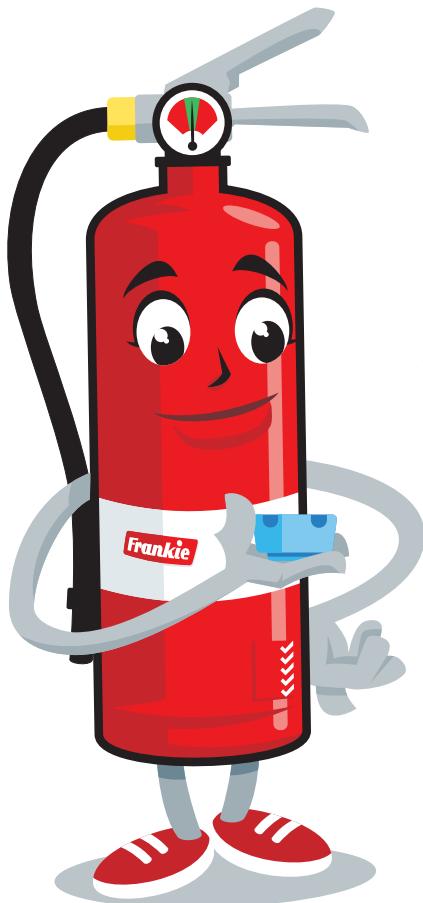
# Sigaar iyo olol furan

Sigaarka, shumaca, fooxa iyo saliida gubashadu waxay sababi karaan dab. Had iyo jeer damiso olol furan ama sigaar ka hor intaadan guriga ka tagin ama aadan seexan.



Kaliya shumacyada, fooxa iyo waxyaabaha saliidda ku shub meelaha dusha laga deggan yahay oo aan gubi doonin.





## ISKA DAMI, OO HAKU XOORIN

- 🔥 Sigaar haku cabin. Sigaar ku cabista waa mid ka mid sababaha ugu badan ee sababa dhimashada dabka.
- 🔥 Dabka furan waa in had iyo jeer la kormeeraa.
- 🔥 Ka ilaali dab-shideyaasha, taraqyada, shumacyada, fooxa iyo waxyaabaha saliidda geeya meel carruurtu aysan gaarin.
- 🔥 Tixgeli bedelka shumaca ololka furan, tusaale ahaan. shumac ku shaqeeyaa batari.



Ku dami sigaarka ashtarayga, culus-sare leh oo hubi inay dansan yihiiin kahor intaadan tuurin.



Si taxaddar la'aanta ah sigaarka  
loo tuuray WAXAY SABABy  
DABABKA WAWEYN oo ka  
dhaca dhismayaal badan oo  
dabaq ah.



Dami, oo haku tuurin; gaar ahaan haddii aad ku nooshay dhisme dabaqyo badan leh.



Ku hay daahyada iyo waxyaabaha kale ee dabka  
qaadi kara ugu yaraan 1 mitir ololayaasha furan.

# Dibadda guriga

Waxaa laga yaabaa in gurigaagu leeyahay balakoon, deero, daadin, geerash ama deero. Dabka si dhakhso leh ayuu u kori karaa sababtoo ah jiritaanka shey sida dhululubo gaas, gasacadaha batroolka iyo kiimikooyin kale.





Hubso in tuubada gaaska ee kudhacday BBQ ayan dhamaan, xiriiriyaashaasuna way adag yihiin. Hubi inay daadinayaan biyo saabuunta leh.



Si joogto ah u nadiifi BBQ-gaaga dufanka iyo dufanka leh oo ay ku jiraan saxarada dhibicda.



Kaliya u isticmaal BBQs bannaanka oo ka ilaali masaafada ugu yaraan 50cm dhammaan darbiyada iyo deyrarka. Weligaa ha uga tagin kariska mid aan lala joogin.

**U KAYDI  
KIIMIKADAADA  
SI AMMAAN AH**

- 🔥 Qolkaaga qashinka ama garaashka, ku kaydi alaabada kiimikada sida batroolka si badbaado leh uga fog meelaha dabka shidan iyo meel carruurtu gaari karto.
- 🔥 Haddii aadan mar dambe u baahnayn, si sax ah oo aamin ah uga tuur kiimikada. Wixii macluumaad dheeri ah booqo [sustainability.vic.gov.au/detoxyourhome](http://sustainability.vic.gov.au/detoxyourhome)

# Liiska hubinta dabka

- Samee qalabka digniinta qiiqa oo si joogto ah u tijaabi.
- Hayso qorshe baxsad oo qorshaysan oo ku celceli Si dabka looga baxsado.
- ISHA KU HAY MARKII AAD WAX KARINAYSID.
- Kaliya ku xidh hal aalad koronto halkii ay ku yaalaan barta korantada (maya laba adapters).
- Ka dhig meelaha ka baxso meelaha cadcad.
- Ka fogee dhammaan waxyaabaha ku gubi kara ugu yaraan 1 mitir meel ka fog ilaha kuleylka.
- Qalabka dabka lagu shido, taraafyada, shumacyada, fooxa, saliidda gubashada iyo sigaarka ka ilaali carruurta inay gaaraan.
- Ku keydi kiimikada si badbaado leh meelaha dabka shidan iyo meel carruurtu gaari karto.
- Had iyo jeer furayaasha uga daa albaabbada xiran iyo shaashadaha amniga markaad gudaha ku jirto si aad uga baxsato haddii dab kaco.





Waa muhiim inaad lahaato qorshe looga baxsado dabka guriga sidaa darteed waad ogtahay sida dhaqsaha looga baxo guriga haddii ay dhacdo xaalad degdeg ah.

Ciwaankaaga

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Goob amaan oo lagu kulmo

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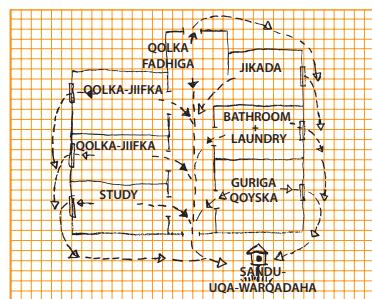


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**Qorshee ka-baxsigaaga. Xusuusnow qodobadan muhiimka ah:**

- Ogow laba wado oo looga bixi karo qol kasta.
- Albaabka xir si aad uga hortagto in dabka iyo qiiqa ay fidaan.
- Qiiqa hoos uga gorguuro.
- Dibadda u-bax. Dadka kale digniin sii.
- Markaad banaanka joogto, joog banaanka. Marna haku noqon gudaha!
- Ku kulma goobta kulanka ee guriga hortiisa: tusaale ahaan. Sanduuqa warqadaha Sug ilaa ay dabdemiska dabku gaadhaan.
- Wac Saddex Eber (000) oo laga helo taleefanka kuugu dhow: tusaale, guriga deriska. (Neighbour's house).

**Tusaalahaa qorshaha Ka-baxsiga dabka guriga.**



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# Faahfaahin dheeraad ah

Wixii macluumaad dheeriaad ah, ka eeg bogagga soo socda:

Adeegyada dabka

Fire Rescue Victoria (FRV)

[frv.vic.gov.au](http://frv.vic.gov.au)

Haya'dda Dab-demiska Miyiga (CFA)

[cfa.vic.gov.au](http://cfa.vic.gov.au)

Website-yo kale

Tamarta Badbaado ee Victoria (ESV)

[esv.vic.gov.au](http://esv.vic.gov.au)

Adeegga Tarjumidda iyo Fasiraadda (TIS)

[www.tisnational.gov.au/en/Non-English-speakers/](http://www.tisnational.gov.au/en/Non-English-speakers/)

[Help-using-TIS-National-services/Immediate-](http://Help-using-TIS-National-services/Immediate-telephone-interpreting-for-non-English-speakers)

[telephone-interpreting-for-non-English-speakers](http://telephone-interpreting-for-non-English-speakers)

VicEmergency

[emergency.vic.gov.au](http://emergency.vic.gov.au)

Dalabka Australia

[expression.com.au](http://expression.com.au)

Wasaarada Cadaalada Qoysaska

iyo Guriyeenta. (DFFH)

[dffh.vic.gov.au](http://dffh.vic.gov.au)

Kidsafe Victoria

[kidsafevic.com.au](http://kidsafevic.com.au)

Maareynta Gurmadka ee Victoria (EMV)

[emv.vic.gov.au](http://emv.vic.gov.au)

Victoria Sii-Waarida

[sustainability.vic.gov.au](http://sustainability.vic.gov.au)

Haya'dda Dhismaha Victoria

[vba.vic.gov.au](http://vba.vic.gov.au)

